



Increase your personal awareness, understanding, and an appreciation for the differences in others.

Just your type...
THE POWER OF PERSONALITY

Have you ever wondered to yourself, "Why in the world did he do that?" or, "What was she thinking when she said that?" Well, wonder no more! This 1-day program will use the Myers-Briggs Type Indicator (MBTI) to provide learners with personal awareness, understanding, and an appreciation for the differences in others.

Since 1942, beginning as a way to support the war effort by identifying individual personality strengths, the MBTI has helped people from all walks of life become more effective and successful. As a result, today the MBTI is valued as the *gold standard* of psychometric instruments.

Even for those who may have used the MBTI before, this interactive workshop never fails to provide learners with deep insight into their own Type preferences and those of others, while revealing crystal clear methods with which to apply these insights on the job and in everyday life in ways that *enrich relationships, enhance communication, and foster productive collaboration.*

Successful learners will:

- ▷ Identify characteristics of their own MBTI preferences, explain strategies for how best to communicate with a variety of Types, and recognize behavioral cues that may indicate or suggest possible Type preferences.

From the Consulting Psychologist Press:

"The Myers-Briggs Type Indicator® (MBTI®) assessment has helped millions of people worldwide gain insights about themselves and how they interact with others—and improve how they communicate, learn, and work. It provides a powerful framework for building better relationships, driving positive change, harnessing innovation, and achieving excellence.

The MBTI assessment makes Carl Jung's theory of psychological type both understandable and highly practical by helping individuals identify their own Type preferences."

8:30 AM – 4:30 PM

\$149

Competency: Perceptiveness

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