An Introduction to Public Speaking

Public speaking is a vital means of expressing your ideas; empowering you to have impact in making a difference on the critical issues you care about.

To communicate effectively as a public speaker, you must be able to present your ideas in a clear, concise and organized way. This 1-day program is designed to help you polish and perfect your public speaking skills — whether you are preparing to speak before your management team or employees, express your point-of-view on critical issues, represent your civic group or charity...and more.

You will learn how to:

- Manage and work through public speaking fears and anxiety.
- Capture and maintain the audience’s attention.
- Organize and prepare for your presentation.
- Establish credibility and build rapport through storytelling.
- Find your personal presentation style.
- Introduce yourself or others with confidence.
- Use verbal and non-verbal tools (video, PowerPoint, handouts, etc.) to enhance your speech.
- Take questions and get feedback from your audience.

8:30 AM – 4:30 PM
$125, Verbal Communication