

# Challenging Negative Attitudes

Managers and supervisors have challenging jobs even with high performing employees. When they have questions about how to motivate, give feedback, and develop employees, the right tools and processes are usually available. However, all too often, even the most confident of managers can struggle to turn things around when negative attitudes exist within their work team.

Negative employee attitudes can run the gamut, be triggered by a variety of situations, and can unfortunately be infectious. When managers can successfully direct and support efforts to turn a negative attitude into a positive one, their stock goes up with everyone around them.

This **1-day workshop** explores how to challenge individual negativity as well as how to protect oneself from the negativity of others. Learners will receive behavioral models to use in coaching themselves and others in building optimistic responses to challenging situations; learn how negative norms become entrenched in an organization or team; and how to create a more positive working environment.

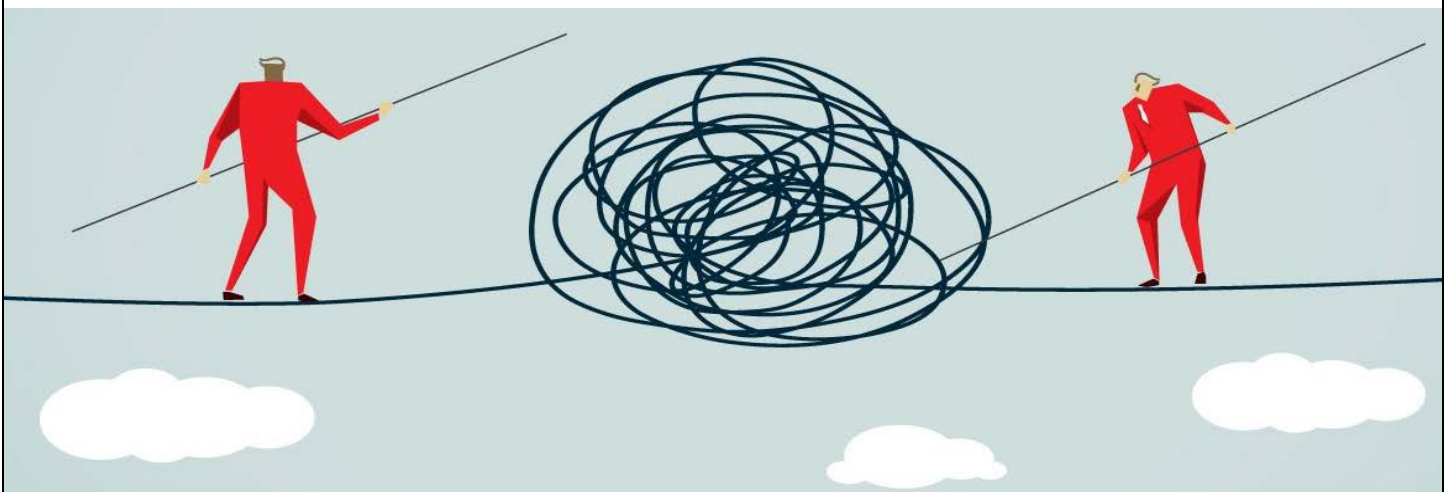
## Participants will receive tools and strategies to:

- Analyze and adjust their own attitude
- Handle negative situations more constructively
- Work effectively with negative people
- Compare and balance pessimism and optimism
- Complete an action plan to cope with and address challenging negative attitudes

8:30 AM – 4:30 PM

\$125.00

Competencies: Influencing and Self-Direction



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