

myquickcoach



A world-class online coaching system sponsored by the Center for Management and Professional Development

Today's leaders know that they can achieve greater business success by having a coach who gives them advice to make better and faster decisions while improving their performance and the performance of the people they lead. Finding a good coach, however, can be difficult, and your access to them can be limited by their availability.

The good news is... not anymore!

With the MyQuickCoach system available through the State of Missouri Center for Management and Professional Development, you can have access to many world-class coaches whenever you need one.

MyQuickCoach brings on-demand business advice from a variety of respected thoughtleaders right to your computer desktop or portable device. So whether you are in your office, or half a world away, MyQuickCoach can help you do your job better and in less time.

With MyQuickCoach, you can point and click to access hundreds of short online video lessons (called SmartBytes™) and articles by renowned consultants, authors, and educators that can help you improve in almost every aspect of your work and life.

Each SmartByte – usually about five minutes long – is designed to help you get the most out of your online learning experience in the shortest amount of time.

Consultants, authors, professors, and other subject matter experts make learning easy by breaking their knowledge into SmartBytes that focus on a specific part of a problem or leadership issue you may be facing. The experts provide the steps to help implement their ideas too. Streaming video, audio and animation make concepts clear and aid with the ideas presented.

Seems simple enough, but MyQuickCoach extends the usefulness of the content even beyond basic delivery. SmartBytes are delivered in a special format allowing you to leverage them in several unique ways.

You can share SmartBytes with other people on your team via email, even if they are not MyQuickCoach subscribers. You can also print transcripts of SmartBytes, save them as MP3's, store them in a personal knowledge portfolio, rate them for usefulness, get related knowledge, find additional information and content from the same faculty (coach), and even contact the content expert through their email link.

MyQuickCoach constantly adds new content to help you stay on top of emerging business trends and get answers to the kinds of questions you face in today's ever-changing business climate.

"Finally, a brilliant use of technology to provide fast answers vexing business questions, along with leading edge guidance and direction, all within fingertip reach!" - Dr. Rick Kirschner

The screenshot displays a user interface for a video lesson titled "Creating A Great Mentoring Relationship". The video player shows a man speaking, with a copyright notice for AthenaOnline.com. To the right of the video is a "Mastering" button and a bullet point: "Create a relationship that enables learning to continue". Below this is a red target icon with arrows pointing outwards, labeled "Mentoring". At the bottom of the video player are icons for "Take It With You", "Save to Favorites", "View Transcript", "Share With Others", and "Recommend To Others". Below the video player are two sections: "Related Videos" and "More From This Coach".

Related Videos:

- [Focus on What is Working](#) by Dr. Terry Paulson
See how asking the right questions, focusing on what is working, and then listening can help you get some great ideas. (Video, 6:00min)
- [Building Respect](#) by Dr. Chip R. Bell
How do you create a balanced mentoring relationship? (Video, 5:41min)

More From This Coach:

- [The Four Stages of Mentoring](#)
Understanding how the mentoring relationship evolves. (Video, 4:45min)
- [Mentoring Through Independence](#)
Encouraging self-directed learning. (Video, 3:34min)
- [Creates a Positive Mentoring Environment](#)
Understanding how to use dramatic listening and curiosity. (Video, 4:14min)

Facsimile of a MyQuickCoach learning portal playing a SmartByte from Dr. Chip Bell

MyQuickCoach can be used to help you not only gain the knowledge and information you need to improve yourself, your ability to work with others and your ability to deal with problems, but also to provide you with information you can use in your everyday life.

MyQuickCoach Covers a Variety of Topics:

- Creativity and Organizational Innovation
- Strategy, Planning and Alignment
- Supervision and Management Skills
- Self Development
- Organizational and Personal Performance
- Leadership Characteristics and Skills
- Coaching, Mentoring and Feedback
- Communication and Negotiation
- Customer Service and Marketing

With *MyQuickCoach*, you're not just watching the future – *you're creating it!* That means you'll get a system that grows with your changing needs. It's all part of delivering knowledge when and where people need it most.

To learn more about *MyQuickCoach*, visit www.training.oa.mo.gov/MyQuickCoach/ or contact the Center for Management and Professional Development team.

State of Missouri
 Center for Management and Professional Development
 (573) 522-1332

System Requirements:

- Access to the Internet with a minimum 56K connection speed
- Windows Internet Explorer (version 5.0 or better) or Netscape Navigator Browser (version 6 or better) or Firefox (version 2.0 or better)
- Macromedia Flash (version 7 or better)

Let MyQuickCoach work for you!

Obtain one year of 24/7 access to some of the world's best business coaches for \$125.00*

*Your year-long access to *MyQuickCoach* begins when you are sent your confirmation and secure password and continues for the next 12 consecutive months.



Graphic represents an example of the MyQuickCoach landing page

"A great source of practical answers for today's managers. It provides wisdom that managers can understand and use to make a difference." – Dr. Marshall Goldsmith



www.training.oa.mo.gov

"We inspire current and potential leaders on their journey to excellence."